**Study program:** Special Education and Rehabilitation, modules: of Visual Impairments; Motor Disability. Speech and Language Pathology

Type and level of studies: Basic Academic

## Title of the subject: Theoretical Bases of Counselling in Rehabilitation

Lecturer: Ivona R. Milačić-Vidojković

Course status: Elective

ECTS: 5

Prerequisites: There are no prerequisites

Aim:

Setting up the reference framework and foundations for understanding and providing professional support to persons that experienced a loss related to: a) their own body and/or some psychological functions, b) significant people from their surroundings. Offering information regarding students' advanced education in the field of counselling and psychotherapy.

## **Outcomes:**

Acquiring basic concepts and principles of various models of counselling/psychotherapy and increasing students' sensitivity and empathy as prerequisites for efficient job performance.

Content

Lectures:

Definitions and determinations of the essential characteristics of counselling and psychotherapy, especially of counselling in rehabilitation; main questions of application (aims, users, issues, competences and roles of counsellor, ethical questions); usual and pathological reactions to actual and symbolic losses caused by diseases or injuries and (in)adequate support and counselling in grief; Rogers' client-centered psychotherapy model, model based on Kelly's theory of constructs and other frameworks which are useful in helping professions; key concepts, basic principles, techniques, areas of application of counselling/psychotherapy models which allow advanced education for special educator and rehabilitator or speech therapist (psychodrama, transactional analysis, gestalt therapy etc.). *Practical work:* 

Using concrete materials (structured and unstructured narratives, illustrative examples) and demonstrations of psychotherapy techniques, as incentives for developing necessary skills.

## Literature

practical teaching

seminars

15

20

- 1. Corey, G. (2004). *Teorija i praksa psihološkog savjetovanja i psihoterapije* (pp.15-25, 43-49, 170-194, 457-467). Zagreb: Naklada Slap ISBN 953-191-243-2.
- 2. Arambašić, L. (2008). *Gubitak, tugovanje, podrška* (pp.33-34, 62-67, 95-98, 143-148, 157-161, 197-199, 316-318, 372-376). Zagreb: Naklada Slap ISBN 978-953-191-290-7.
- 3. Worden, W. (2005). Savjetovanje i terapija u tugovanju (pp.51-56). Zagreb: Naklada Slap ISBN 953-191-257-2.
- 4. Davis, H. (1996). *Savetovanje roditelja hronično obolele ili dece ometene u razvoju* (pp.12-20, 27-30, 31-47, 50-69, 71-78). Beograd: Institut za mentalno zdravlje ISBN 86-82277-07-7.
- 5. Kondić, K., Vlajković, J., Štajner-Popović, T. (1998). *Slušam te, razumem te, prihvatam te* (pp. 11-24, 25-29, 29-34, 44-46). Beograd: IP Žarko Albulj.

Number of active	Lecture: 2		Practical work: 1
classes per week:	Lecture. 2		
Teaching methods:			
Lectures, practical classes, practical teaching, seminars, presentations, consultations			
Evaluation of knowledge (maximum score 100)			
Pre obligations	Score	Final exam	Score
activities during the	15	written exam	
lectures			

oral exam

50